

REBEL WRESTLING CAMP



**A YOUTH CAMP FOR
1ST-8TH GRADE
WRESTLERS
SPONSORED BY THE HOWELL
WRESTLING CLUB**

**Monday through Friday
July 14th-18th
9:00am-3:00pm**

**Howell HS-Wrestling Room
405 Squankum-Yellowbrook Rd.
Farmingdale NJ 07727**

Camp Cost: \$150

**Make checks payable to:
Howell Wrestling Club Inc.**

Mail registration & payment to
Howell Wrestling Club
C/O Harry Turner
22 Bristlecone Drive
Howell NJ 07731

For more information contact:
Harry Turner (732) 458-0140
Email:heavyweight@optonline.net

**Howell HS-Wrestling Room
405 Squankum-
Yellowbrook Rd.
Farmingdale NJ 07727**



Wrestler's Name _____ School _____
Date of Birth _____ Grade _____
Full Address (with Zip Code) _____
Experience Level _____ Weight _____ T-Shirt size _____
Phone Number _____ email address: _____
In case of Emergency, Notify _____

- It is fully understood that the Freehold Regional High School district, The Howell Wrestling Club Inc., and any affiliated members, coaches, staff or volunteers will not assume any responsibility or liability for any injuries or expenses incurred as a result of accident or loss of personal property. This includes travel to and from the camp. I, the undersigned agree to relieve of all liability, the Freehold Regional High School district, The Howell Wrestling Club Inc., and any affiliated members, coaches, staff or volunteers.

Parent/Guardian Signature: _____ Date: _____

Guest Clinicians

(subject to change)

- **Scott Goodale**
Head Coach-Rutgers University
- **Vin Santaniello**
Shore Thing Wrestling Club
- **Doug Withstanley**
Head Coach-Jackson Memorial HS
- **Zac Cunliffe**
Coach-Howell Predator Wrestling Club
- **Jay Ucci**
Coach-Howell Predator Wrestling Club
- **Rich Famularo**
Coach-Howell HS & Howell Predator Wrestling Club

The Rebel wrestling camp seeks to foster an enjoyment of the sport, and to help our young athletes advance their wrestling skills. The camp is designed to help wrestlers of all skill levels work toward reaching their full potential as wrestlers. Each day will consist of a morning and afternoon session.

- ❖ Instruction
- ❖ Drilling
- ❖ Live wrestling
- ❖ Fitness games
- ❖ Conditioning

Wrestlers are responsible to provide their own lunch. A limited lunch menu (Pizza, drinks, etc.) will be available for purchase.

Coaches:

- ❖ **John Gagliano**
Head Coach-Howell HS
- ❖ **Todd Going**
Coach-Howell HS
- ❖ **Mike Veracierta**
Head Coach-Howell Middle School South
- ❖ **Harry Turner**
Coach-Howell HS

“TRAIN THE REBEL WAY”

Dedication
Intensity
Success
Confidence
Integrity
Perseverance
Loyalty
Individuality
No excuses
Enjoyment